FHHM (Friends of Historical Heishman's Mill) Participant Liability Waiver and Release

Participant N	ame:
Date of Activi	ty: April 26, 2025
Activity Desc	ription: Conodoguinet Sojourn
I,	, in consideration of being permitted to participate
in the Sojourr	n activities organized by FHHM (the Organization), including
guided paddl	ng of the Conodoguinet Creek, agree to the following:

- 1. Acknowledgment of Risks: I understand that participation in this event involves inherent risks, including but not limited to physical injury, property damage, illness, or death, which may arise from my own actions, the actions of others, or conditions beyond the Organization's control. I knowingly and voluntarily assume all such risks.
- 2. Release and Waiver of Liability: I hereby release, waive, and discharge the Organization and its representatives (its officers, directors, employees, volunteers, agents, affiliates, and successors) from any and all liability, claims, demands, or causes of action that I, my family, heirs, or assigns may have for any injury, loss, damage, or death arising out of my participation in the Sojourn Activities, even if caused by the ordinary negligence of the Organization or its representatives.
- 3. Covenant Not to Sue: I agree not to sue or initiate any legal action against the Organization or its representatives for any injury, loss, or damage sustained during or resulting from my participation in the event.
- 4. Medical Treatment Consent: In the event of an injury or medical emergency, I authorize the Organization or its representatives to arrange for or provide emergency medical treatment on my behalf. I release the Organization and its representatives from any claims related to such treatment or the lack thereof.
- 5. Photographic Release: I grant the Organization and its representatives permission to use photographs, videos, or other recordings of me taken during the event for promotional or informational purposes without compensation.

- 6. Understanding and Voluntariness: I have read this Waiver and Release carefully and understand its terms. I sign it freely and voluntarily, without coercion, and acknowledge that I am giving up substantial legal rights by doing so.
- 7. Severability: If any part of this Waiver is found to be invalid or unenforceable by a court of law, the remaining provisions shall remain in full force and effect.

Signature:	
Printed Name:	
Date:	
Emergency Contact:	
Name:	
Phone:	
Relationship:	
Any person under age 18 this form in order to be a	B must also have a parent or legal guardian sign ble to participate:
l,, a , a minor and myself.	, as the parent or legal guardian of agree to the terms of this Waiver on behalf of the
Parent/Guardian Signatu	re: